

Baulko Bulletin

April 2017

It's Footy time! Rain may have caused havoc with pre-season training but we have managed to kick off our 2017 season with most teams having completed two games, heading into Round 3 this Sunday. A big thanks to our coaches and managers who have got our teams off to a fantastic start. We love your enthusiasm and passion and are very thankful for the time you invest in getting all our players on the field.

Thanks also to all the families who have lent a hand on game day – your assistance is crucial in enabling us to have an AFL comp for our kids and greatly appreciated by the club. We need a few more hands to share the load so please have a look at the list on page 5 and let us know what you can help with.

Upcoming events

This Mothers Day, we are taking the opportunity to support the McGrath foundation in raising money for families experiencing breast cancer. Come down and join us for what's going to be an amazing day at Eden Brae Oval.



1 Grab some pink socks!

Mothers Day is a great day for everyone to wear a little pink so we are asking Baulko players to join in and don a pair of McGrath foundation pink socks for their game. The socks can be purchased through the Baulko online shop (<https://www.baulko.org.au/shop>). Please place your order 28th April in order to receive them in time for the Mothers Day round (May 14th).

2 Show us your inner masterchef

We will be holding a cake stall on the day with half of the profits going to the McGrath Foundation. We need stock to make this work so would appreciate contributions of cakes, biscuits or sweets from all our families. Your delicious items can be delivered to the club house on Saturday 13th May between 2:30 – 5pm or from 7:30am on Sunday 14th for goods that need refrigerating.



We thank you for supporting our club and such a wonderful cause.

Save the Date - Trivia Night August 5th

We are going to have another fun filled social night for all our parents (and friends) with a Trivia night on Saturday August 5th. More details will be provided in our May newsletter so stay tuned.

Baulko benefits from the Local Sport Grant Program

Our club has been successful in securing two grants under the Local Sport Grant Program 2016/17. The program is run by the NSW Office of Sport and aims to increase regular and on-going participation opportunities in sport and active recreation. Baulko has received:

- \$2143 to assist in purchasing equipment for our Auskick program and team kits for our additional girls teams
- \$11185 for installing bench seating around our newly fenced Eden Brae Oval.

We are working with our local council to finalise details for the seating and are aiming to get the project underway over the next few months.

Comedy Night Wrap



Corporate Partners being acknowledged for their tremendous support.



Warming up the tonsils pre show with a few bevies!

Bellllaaaaa Vistaaaaaa!!

If you were one of the 80 odd lucky people that attended our Season Launch Comedy Night, the above will make sense. If you weren't, you missed a great night full of fun and frivolity!

The night was held at the Ettamogah Hotel just prior to the season proper and we were entertained by four excellent comedians who created a night full of laughs.

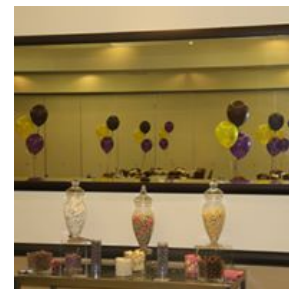
There was food a plenty and lots of refreshments consumed that made the night a huge success.

A big thanks to all involved in making the night such a great event. This will become a not to be missed event in future years.

High Tea – Launch of 2017 Youth Girls Season

Corporate Partner, Novotel Norwest provided a perfect spot for our Youth Girls teams to celebrate their season launch with a fabulous High Tea. Around 100 guests tucked into scones with jam and cream, ribbon sandwiches, petit fours, lemon meringue pies, chocolate cake, and a delectable assortment of teas and coffees

We started early with a visit from the local paper to interview our team and take photos of our girls. A formal welcome was given by Kylie Stanmore our Youth Girls Co-Ordinator with coaches John Dimond, Robert McIntyre, Jana Webb and Stuart Nash, also speaking to the girls and their families about the exciting season ahead.



After all the formalities were out of the way, the music was turned up, the lights were turned down, and the girls hit the dance floor and it was fantastic to see all age groups chatting and mingling and socializing with one another. Songs like the Nutbush seemed to be played on repeat, as the girls all got up and joined in to do the routine together.

The room was beautifully decorated by Kylie Smallacombe and her team at Blissful Events who also provided a very colourful lolly bar, which was devoured by the end of the event. The girls were all full on cakes and sweets by the end of the event, and all of the coaches present stressed that the girls would all be running 10 extra laps at training the following week to work off all the cakes.

Leading the pack:

Over the last 12 months we have more than tripled our registered youth girls players and now have 70 female players playing AFL in Western Sydney representing Baulko Hawks. This is the highest amount of registered youth girls players out of all the Western Sydney clubs.



More photos of the event are on facebook:

https://www.facebook.com/pg/baulkogirlsafl/photos/?tab=album&album_id=1447977325232605

Around the Grounds

U15 Macks Youth Girls –vs Parramatta Lionesses

Round two saw Baulkham Hills Hawks, on home soil take on the might of Parramatta. During the warm up, coach Rob demanded that the team score in excess of sixty points within the first two quarters (with a maximum of 15 behinds). Although the Baulko line up was weakened without Pia and Tahnee, we were joined by the intimidating physiques of Marley and Ava from the under 12s team.

Someone forgot to pass on the memo to the goal umpire who didn't signal any of the goals scored. The Baulko team, unsure of whether they had kicked less than 15 behinds were sweating like gypsies with a mortgage going into half time.

After half time, tactics from the opposition were clear as Parramatta tried to eliminate our star player, Abbey who was spear tackled. Her mum was questioned about the concussion after the game and said "I will give Abbey the next two weeks off school to recover".

In this game Shannon showed that there is a place for Judo on the AFL field, Alessia showed the pace of Usain Bolt and Holly kicked goals like Buddy Franklin in his prime. Special mention to Kirilee who was busier than a one armed bricklayer in Glenhaven.

When interviewed after the game, Coach Rob claimed "the girls tackled like seagulls at a tip, they were in everything".

Well done Baulko. Let's keep training hard and lay off the Easter eggs over the break.

Jackie Hopley – Match Day Captain



Training Roster

U9 Stubbs	Wed 6:00 – 7:00pm
U9 Nippers	Fri 5:30 – 7:00pm
U9 Crawford	Wed 5:30 – 6:30pm
U10 Stone	Fri 5:30 – 6:30pm
U10 Murrell	Fri 5:30 – 6:30pm
U11 Frost	Fri 5:30 – 7:00pm
U11 McLeod	Fri 5:30 – 7:00pm
U12 Fraser	Fri 5:30 – 7:00pm
U12 Baker	Wed 6.30 - 7:30pm Fri 5:30 – 7:00pm

U12 Pulo (Girls)	Wed 6:00 – 7:00pm
U13 Madden	Tue 5:30 – 7:00pm, Thu 5:30 – 7:00pm
U14 Abercrombie	Wed 5:30 – 7:00pm, Fri 5:30 – 7:00pm
U15 Mudge	Wed 7:30 – 9:00pm, Fri 7:30 – 9:00pm
U15 Mack (Girls)	Wed 6:30 – 8:00pm, Fri 6:30 – 8:00pm
U15 Dimery (Girls)	Tue 6:30 – 8:00pm, Fri 6:30 – 8:00pm
U16/17 Garroway	Wed 6:00 – 8:00pm
U18 Giltinan (Girls)	Tue 6:30 – 8:00pm, Thu optional w/ Western Magic
Umpire Training	Mon 6:00 – 7:15pm



Corporate Partners of the Month

Each month we are highlighting a couple of our corporate partners. These are local organisations who have committed to supporting our club and working with us to provide our kids with a great footy experience. Please keep them in mind and help us support their business too.



Arrow Physiotherapy, located at Castle Hill, is committed to delivering professional, personalised, high quality and evidence based services for everyone in the community to achieve optimal physical function.

Their physiotherapists and massage therapists have strong working relationships with local health providers across all disciplines to ensure optimal patient outcomes. So if you are looking for a physio or massage therapist speak to Brendan or one of his team who will get you back on track.

All Baulko players and families are welcome and eligible for a discounted rate.

<http://www.arrowphysiotherapy.com.au/>



Steel Builders Pty Ltd is a professional structural steel fabrication business located in St Mary's Sydney, NSW. The team at Steel Builders are committed to the highest standards of customer service and quality workmanship.

Steel Builders offers a complete package starting from CAD drafted shop drawings through to painting, galvanising and site installation if required. Steel Builders have invested in state of the art German designed steel processing machinery and around the clock shifts to ensure their quality and turn around times are the best in the business.

Steel Builders also offers wide range of steel building products including lintels, t-bars, adjustable steel posts, drainage products and bricklayers hardware. So for any of your steel needs contact the team at Steel Builders

<https://www.steelbuilders.com.au/>

Hawks Shop

Thanks to Tom MacKean (MacKean Solutions), our new website is equipped with an online shop for ordering all Baulko merchandise and uniforms (<https://www.baulko.org.au/shop/>). Place an order during the week and then pick up at the canteen on Sunday morning or during Friday night training (~ 5.30-7.30). In addition to playing shorts and socks, there is a range of off-field gear, including new season polos, golf umbrellas for the rainy days and comfy caps for the sunny ones.



Kids sport runs on parent power

and each week, we need you to help create a great game day environment for our kids. For each team, the duty roster includes helping out with taking a best and fairest tally, waving the flags as a goal umpire, (running the boundary line for our older teams), timekeeping, canteen and bbq and ground set up or pack up.



There are also a few specific roles that we are seeking member help with. You do not need to commit to these for every week – just once a month (or around four times in the season) is a great help.

Training is provided and there is always a committee member around for support. If you can contribute in any of the following areas, or would like more info, please email us at baulkoexec@baulko.org.au.

- **Linemarking** – Normally takes 1.5-2 hours and can be done on either a Fri afternoon or Saturday. The key markings are retained so you just need to refresh the lines for our Sunday games.
- **Ground set up /pack up** – takes around 30 min and involves assisting our teams playing at 8.30 with setting up posts and ground manager tables, putting out signage for corporate partners, etc. Or if you are a late riser, you can come along at the end of the day and spend 20 min helping pack up.
- **First Aid / ERC** – All our games at Charlie need to have a first aider in attendance. This involves watching the game and attending to players if an incident occurs. For U9-U12, you need to have completed senior first aid and for U13-U17, also complete an ERC training course. We are looking to hold training sessions for both at Charlie in the next month if we can get enough volunteers (Baulko will cover the cost of training).
- **Ground Manager or Assistant Ground Manager** – Ground Managers help ensure that our gameday runs to time (and Baulko has supplied a timekeeper for the game), receive team sheets from both teams, and ensure that our umpires have water at each break and that team officials are appropriately identified. As we can have two or three games running at the same time, we need assistant ground managers to help oversee each game while it is running. (Having a few sets of eyes also means that you can call on support if you have a query on the day)



Got a great photo?

We are always keen for new photos and commentary on our teams each week for our Around the Grounds section in this newsletter and also to post on our facebook page. If you have snapped a great photo of our Hawks in flight, or can put together a few lines on a great game, please send your contributions to randall.longmire@bigpond.com.

Feedback

If you need to discuss any club matters or have any suggestions on what we can do to improve the Baulko experience, feel free to contact the Executive Committee: baulkoexec@baulko.org.au or come see Stuart, Damian, Kirsten or Melissa at Eden Brae oval.

Baulkham Hills AFC 2017 Corporate Partners

Please support the following local organisations who have committed to supporting our club and help us give the kids a great footy experience.



"It's where you want to live"



Blissful Events



We are building a fantastic corporate partner base for 2017 but we are still looking for more corporate partners, including trades (eg plumber, electrician, painter, mechanic). If you are a small business owner or know of potential partners please contact Damian Phillips (0466 623 399).